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Nightingale

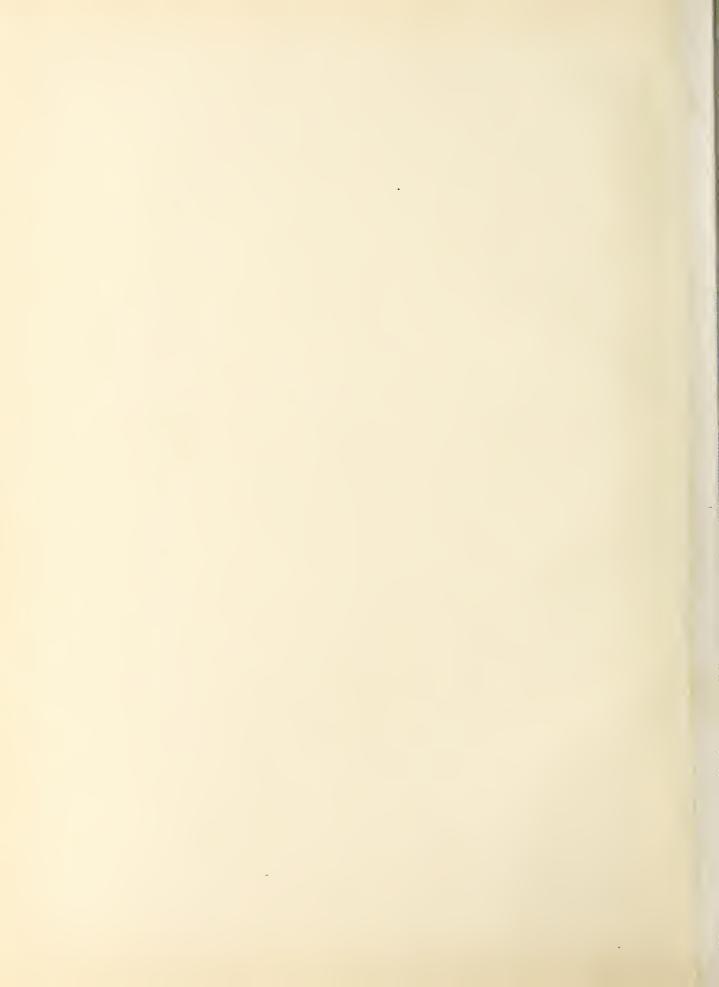


Charles B. Willerson Je.

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1946

The

Nightingale

Foreward

WE, THE CLASS OF 1946, present this book in retrospection of the best of our life and work at Rex Hospital.

If it recalls pleasant memories to those who have gone before us, and proves an inspiration to those who are to follow us, it will have fully achieved its purpose.

Dedication

TO THE PARENTS of the class of 1946, we dedicate this book of cherished memories. We go out into the world trained to help suffering mankind, and that training was made possible by the sacrifices of our Fathers and Mothers, who have given without stint and with no thought of self. May we be worthy of their hopes for us and to the profession to which we have become a part.





Come Unto Me All Ye That Labour And Are Heavy Laden And I Will Give You Rest.

In Memoriam



DR. E. C. JUDD 1884-1946

LENA MOORING 1923-1946



Hospital Staff
and
Personnel







Hazel C. Williams

Director of Nurses

Administration



Claude F. Gaddy Hospital Administrator



Lawrence Thornton Assistant Administrator



Chiefs of Staff



DR. HUBERT B. HAYWOOD, Chief of Medical Staff

DR. BESSIE LANE, Chief of Psychiatry

DR. HUGH A. THOMPSON, Chief of Orthopedics

DR. A. S. OLIVER, Chief of Obstetrics and Gynecology

DR. HENRY G. TURNER, Chief of Surgery

DR. A. S. ROOT, Chief of Pediatrics

DR. M. R. GIBSON, Chief of Eye, Ear, Nose and Throat

DR. Z. M. CAVINESS, Chief of Proctology

DR. LOUIS N. WEST, Chief of Brain Surgery

Not Photographed:

DR. SIDNEY SMITH. Chief of Urology

DR. V. M. HICKS, Chief of Ophthalmology

Staff Doctors



First row:

DR. J. J. COMBS

DR. C. R. BUGG

DR. KEMP NEAL

DR. ANNIE L. WILKERSON

DR. W. B. DEWAR

Second row:

DR. ROGER WALL

DR. CHARLES ELDRIDGE

DR. ROBERT McGEE

DR. JOHN RHODES

DR. ALFRED HAMILTON

Third row:

DR. THOMAS UMPHLETT

DR. E. H. HERRING

DR. J. B. WRIGHT

DR. ALEXANDER WEBB

DR. EARL BRIAN

Staff Doctors



First row:

DR. A. C. CAMPBELL DR. IVAN PROCTOR DR. E. C. JUDD DR. G. S. COLEMAN DR. P. G. FOX

Second row:

DR. FRANK YARBOROUGH DR. C. E. LILES DR. A. C. BROUGHTON DR. M. D. HILL DR. FRANK POWERS

Resident Physicians



DR. CHARLES B. WILKERSON, JR. DR. DONALD WHITAKER

INTERNES



Dr. J. Talbert King Dr. James Dellinger

Dr. Robert Sease Dr. John McLelland

Nursing Staff



First row:

EVELYN THOMPSON, R.N., Supervisor, Maternity Hall JEWEL STEPHENSON, R.N., Supervisor, Delivery Room ELIZABETH PEIRCE, R.N., Supervisor, Maternity Hall Nursery CELIA MAE STALLINGS, R.N., Head Nurse, Pediatrics Hall HELEN SIMPSON, R.N., Assistant Head Nurse, Pediatrics Hall

Second row:

RUBY JOHNSON. R.N., Supervisor, Medical and Surgical Hall ANNIE MINTON, R.N., Supervisor, Medical and Surgical Hall GRACE MITCHELL, R.N., Supervisor, Medical Hall LORAINE DANIELS, R.N., Assistant Supervisor, Medical Hall ANNIE MAE JOYNER, R.N., Supervisor, Emergency Room

Third row:

GOLDIE SMITH, R.N., Supervisor, Medical and Surgical Hall NELL JEWELL, R.N. Night Supervisor, Emergency Room MARGARET GREEN, R.N. Supervisor, Medical and Surgical Hall RUTH LINER, R.N., Assistant Supervisor, Medical and Surgical Hall VIVIAN CARTER, R.N., Supervisor, Medical and Surgical Hall

Nursing Staff

First row:

ELIZABETH PETERSON, R.N., Night Supervisor
HETTIE ANDREWS, R.N., Assistant Night Supervisor
JEAN TURBYFILL, R.N., P.R.N., Night Nurse
ILA O. VINSON, R.N., Night Supervisor, Medical Hall
MARY ALICE WHITFIELD, R.N., Night Supervisor, Medical and Surgical Hall

Second row:

LOUISE HARWARD, R.N., Supervisor, Operating Room
HESTER WAYNE, R.N., Assistant Supervisor, Operating Room
KATIE L. WRIGHT, R.N., Assistant Supervisor, Operating Room
EDITH BOONE, R.N., Night Supervisor, Maternity Hall
PAULINE MERCHANT, R.N., Supervisor, Central Supply Room

Third row:

VIRGINIA MILES, R.N., Educational Director
MARTHA RAY, R.N., Nursing Arts Instructor
HELEN SLAUGHENHAUPT, R.N., Anesthetist
HATTIE LUNDY, R.N., Anesthetist
HESTER MOORE, R.N., Assistant Supervisor, Maternity Hall
ALICE MITCHELL, R.N., Assistant Supervisor, Medical and Surgical Hall





HAZEL C. WILLIAMS, R.N.
Professional Adjustments

DR. A. S. OLIVER, M.D.
Obstetrical Nursing

EVELYN THOMPSON, R.N.
Obstetrical Nursing

DR. C. R. BUGG, M.D.

Pediatric Nursing

CELIA MAE STALLINGS, R.N.

Pediatric Nursing

DR. ROBERT McGEE, M.D.

Surgery

DR. IVAN PROCTOR, M.D.

Gynecology

DR. EARL W. BRIAN, M.D.

Communicable Disease

LOUISE HARWARD, R.N.

Operating Room Technique

Microbiology

DR. ALFRED HAMILTON, M.D.
Orthopedics

HUBERT G. PRICE, B.S.
Materia Medica

JESSIE EARP, A.B.

RUTH ANDREWS, B.S. Dietetics

Taculty

Classes



MASCOTS

John Harrelson McGee Margaret Wilkerson Flint



Senior Class Officers

ANNE CHASON, Treasurer

JESSIE WALL, President

14

FRANCES BRANCH, Vice President
JEAN REGAN, Secretary



SHIRLEY BIZZELL
Seven Springs, N. C.

"Not much talk, a great sweet silence."

U. S. Cadet Nurse Corps.

NEELY FRANCIS BOING Carthage, N. C.

"She's full of joy, and loving fun, Look out world, here she comes."

U. S. Cadet Nurse Corps; Glee Club '43, '44.



THERAMAE BOYETTE Kenly, N. C.

"A smile have I, and a greeting for all."

U. S. Cadet Nurse Corps.





DORIS BRADSHAW Carrboro, N. C.

"In a good humor she always appears, As if she had no time for tears."

U. S. Cadet Nurse Corps.



FRANCES BRANCH Selma, N. C.

"Defeat is only for those who accept it."

U. S. Cadet Nurse Corps, Class Secretary '43, '44, Beta Gamma; Marshal '45; Vice President Class '46.

ERMA CAPPS
Newton Grove, N. C.

"Her hair is not more sunny than her heart."

U. S. Cadet Nurse Corps; Glee Club '43.



VIRGINIA CASEY Kinston, N. C.

"This friendly lass with golden hair, Possesses traits that are very rare."

U. S. Cadet Nurse Corps; Glee Club '43, '44.





ANNE CHASON Fayetteville, N. C.

"She never, never failed a friend."

U. S. Cadet Nurse Corps; Class President '44; Class Treasurer '45; Pittman Hospital 1.



VIRGINIA COHOON Raleigh, N. C.

"The first duty of a woman is to be beautiful."

U. S. Cadet Nurse Corps; Glee Club; Senior Cadet Period at U. S. Veterans Hosiptal. Mountain Home, Tennessee.

MARGARET CONNELLY Raleigh, N. C.

"A leader in all she undertakes,
A promise to you she never breaks."

U. S. Cadet Nurse Corps; Glee Club '44; Beta Gamma; Class Treasurer '44; Marshal '45; Student Council '44. '46, President '46; Superlative '46; Royster Medal, Beta Gamma Award '46.



MARY HELEN COUNCIL

Apex, N. C.

"Her quietness does not make her less important."

U. S. Cadet Nurse Corps.





MELBA COX
Raleigh, N. C.

"Don't let her silence fool you,
She has her share of fun."

U. S. Cadet Nurse Corps; Glee Club
'43, '44; Vice President Class '44.



GLADYS CRAWFORD
Goldsboro, N. C.
"Why worry, life is short."
U. S. Cadet Nurse Corps; Glee Club
'43.

EARLE LEE DAUGHTRY
Newton Grove, N. C."She's jolly and true, and a good
sport too."U. S. Cadet Nurse Corps.



ELIZABETH FRANKLIN Clinton, N. C.

"Laugh and the world laughs with you,
Cry and you cry alone."

U. S. Cadet Nurse Corps; Glee Club '44; Beta Gamma; Student Council '44; Marshal '45; NIGHTINGALE Staff '46.





MABEL HAMMOND Cerro Gordo, N. C.

"Her voice was ever soft, gentle and low,

An excellent thing in woman."

U. S. Cadet Nurse Corps; Glee Club '43, '44; Vice President Class '45.



HELEN GRAHAM
Roseboro, N. C.
"She is herself the collection of all good things."
U. S. Cadet Nurse Corps; Student Council '46; Pittman Hospital 1.

PEGGY HARRINGTON Olivia, N. C.

"Wherever there is noise and fun— I'll be there."

U. S. Cadet Nurse Corps; Pittman Hospital 1.



DARINNE HENDERSON Whiteville, N. C.

"Her actions speak louder than her words."

U. S. Cadet Nurse Corps.





DOROTHY JONES

Morehead City, N. C.

"I like work, it fascinates me, I could sit and look at it for hours."

U. S. Cadet Nurse Corps; Beta Gamma; Student Council '44; Marshal '45; Class President '43; Editor NIGHTINGALE '46; Senior Cadet Period at U. S. Veterans Hospital, Mountain Home, Tennessee.



LOIS JACKSON
Dunn, N. C.

"There is so much for me to do,
And so little time."

U. S. Cadet Nurse Corps; Glee Club '43; Beta Gamma.

GRACE JOHNSON Smithfield, N. C.

"Her beautiful hair, her stylish dress, Makes ineviable her success."

U. S. Cadet Nurse Corps; Beta Gamma; Superlative '46.



RUBY JOHNSON Raleigh, N. C.

"For if she will she will, And if she won't she won't."

U. S. Cadet Nurse Corps; Glee Club '44; Student Council '45; NIGHTINGALE Staff '46.





VELVA LAMM Wilson, N. C.

"A charming little girl in a cute little way."

U. S. Cadet Nurse Corps; Superlative '46.



MARIE LEAVITT
Pinehurst, N. C.

"The game of life she plays fair,
Always with a distinguished air."

U. S. Cadet Nurse Corps; Glee Club
'43; President Class '43.

ESTHER LUPO
Wade, N. C.

"The quiet and observant ways go
far."

U. S. Cadet Nurse Corps.



RUBY NAYLOR
Dunn, N. C.
"Let my deep silence speak for me."
U. S. Cadet Nurse Corps.





DOROTHY OATES
Seven Springs, N. C.

"Her care was never to offend,
And every creature was her friend."

U. S. Cadet Nurse Corps; Glee Club
'43, '44.



LYDIA O'BERRY
Newsome, Va.

"I am sure care is an enemy to life."

U. S. Cadet Nurse Corps; Glee Club
'43, '44.

JEAN OWENS
Fountain, N. C.
"I never think of the future,
It comes soon enough."

U. S. Cadet Nurse Corps; NIGHTINGALE Staff '46; Student Council '43, '46; Class Vice President '43; Superlative '46.



JESSIE GREY PENNY Raleigh, N. C.

"Wisely and slow; they stumble that run fast."

U. S. Cadet Nurse Corps; Beta Gamma, Vice President '45; Glee Club '44; Class Treasurer '43; Student Council Secretary '45; NIGHTINGALE Staff '46; Superlative '46.





LILLY PITTS
Morrisville, N. C.

"I never let work interfere with my education."

U. S. Cadet Nurse Corps.



JOSEPHINE RADFORD Kenly, N. C.

"Roll on world and I'll roll with you."

U. S. Cadet Nurse Corps; Superlative '46.

JEAN REAGAN
Elizabethtown, N. C.
"Full of life, sense, and wit,
Lots of fun, and plenty of grit."
U. S. Cadet Nurse Corps.



PAULINE SMITH
Roanoke Rapids, N. C.

"To worry little, to study less—
This is my idea of happiness."

U. S. Cadet Nurse Corps; Glee Club
'43, '44.





ANNA LOU SPENCER Hickory, N. C.

"A steady girl with a goal in view, And willing to work to see it through."

U. S. Cadet Nurse Corps; Beta Gamma; Marshal '45; Vice President Student Council '46; Class Prophet '46; Superlative '46.



ESTHER THORNE Selma, N. C. "A very sweet girl. a

"A very sweet girl, quiet and demure, A friend, you can always be sure." U. S. Cadet Nurse Corps; Glee Club '43.

JESSIE WALL Clayton, N. C.

"And she has the truest, kindest heart."

U. S. Cadet Nurse Corps; Class President '46; Class Treasurer '43.



MAGDALENE WARRICK Goldsboro, N. C.

"I take life as it comes and enjoy it."

U. S. Cadet Nurse Corps; Beta Gamma; Pittman Hospital 1.





JESSIE BELLE UTLEY Pittsboro, N. C.

"I remember a mass of things— But none distinctly."

U. S. Cadet Nurse Corps; Glee Club '44; Beta Gamma; Student Council '45.



ANNIE GRAY VIVERETTE Enfield, N. C.

"Better to be small and cast a light, Than to be big and cast a shadow."

U. S. Cadet Nurse Corps; Glee Club '44.

ANNIE HALL WILKINS Fuquay Springs, N. C.

"Sometimes I sit and think, And sometimes I just sit."

U. S. Cadet Nurse Corps; Glee Club '44; Class President '44; Student Council '43.





Mrs. Courtney Egerton

Daniel's Home

Hostess



Mrs. John Young

House Mother



Mrs. Agnes Campbell

House Mother

A Nurse's Prayer

The world grows brighter year by year, Because some nurse in her little sphere Puts on her apron, and smiles, and sings, And keeps on doing the same old things. Longing for home, and all the while Wearing the same old professional smile, Taking the temperatures, giving the pills To remedy mankinds numerous ills, Feeding the babies, answering the bells. Being polite with a heart that rebels. Blessing the newborn babies' first breath, Closing the eyes that are stilled in death. Taking the blame for all mistakes, Oh dear! what a lot of patience it takes, Going off duty at seven o'clock, Tired, discouraged, ready to drop. But called out to help at seven-fifteen, With woe in the heart that must not be seen, Morning and evening, noon and night, Just doing it over, hoping its right. When we report off to cross the bar, Dear Lord, will you give us-Just one little star To wear on the cap Of our uniform new-In the world above, where the head nurse is you.

Last Will and Jestament

STATE OF NORTH CAROLINA County of Wake CITY OF RALEIGH REX HOSPITAL

WE, THE CLASS OF 1946, of the aforesaid state, county, and city, being of strong bodies and sound minds, realizing that we shall soon depart from our Alma Mater to begin duties in various fields of our profession, do hereby make and declare this to be our Last Wil! and Testament, and do will and bequeath our vices, virtues, and our most highly esteemed possessions to members of the incoming Senior Class, and to others of interest thereabout Rex Hospital:

ARTICLE I

Section I. To our beloved Hospital we bequeath our undying devotion and lifelong obligation always.

SEC. II. To the trustees of Rex Hospital we wish to express our thanks for your thoughtfulness and kind consideration shown us during the past three years. With infinite appreciation, we thank you for helping make possible the new addition to the hospital and nurses home.

SEC. III. To our parents and friends we bequeath our heart felt gratitude, unlimited love, and sincere appreciation for the untiring effort they have put forth to help us reach our present position.

ARTICLE II

Section I. To Mr. Gaddy we express our sincere appreciation for the interest he has shown us throughout our training.

SEC. II. To the Doctors we express our thanks for the interest they have shown in us, and for the help they have so willingly given us during the past three years.

SEC. III. To Mrs. Campbell, we leave our deeply felt thanks for being a real "Mother" to us, and for "keeping us straight" during our three years of training.

SEC. IV. To Mrs. Egerton, we express our appreciation for being so gracious and charming to our friends and visitors "at the desk" downstairs.

ARTICLE III

Shirley Bizzell wills her seriousness to Anna Bell Jeffreys.

Frances Boing wills her happy go lucky ways to Lucille Soles.

Theramae Boyette wills her ability to get "carnations on a first date" to Evelyn Perry.

Doris Bradshaw wills her witty sarcasm to Marjorie Mann.

Erma Capps wills her sparkling sense of humor to Wanda Lee Wilson.

Frances Branch wills her "Wednesday Nights out" to Elgie Rose in hopes she can make as good use of them as she did.

Virginia Cohoon wills her dark haired attractiveness to Lottie Mae McDuffy.

Virginia Casey wills her "unexpected remarks" to Emily Womble.

Mary Council wills her love for "red Fords" to Dorothy Crocker.

Ann Chason wills her genuine personality to Margaret Poole.

Margarct Connelly wills her scholastic ability to Spruill Beddingfield.

Melba Cox wills her contagious laugh to Lillian Butts.

Gladys Crawford wills her continuous humming and singing to Ruth Porter.

Earle Lec Daughtry wills her "Harnet County brouge" to Mary E. Frew.

Elizabeth Franklin wills her human imitations to Thomasine Anthony.

Mable Hammond wills her faithfulness to all men to Juanita Hendren and Dorothy Weathers.

Helen Graham wills her "daintiness" to Dorothy Mills.

Peggy Harrington wills her place in the telephone booth to Iris Cook.

Darinne Henderson wills her "laughing eyes" to Edith Briley.

Dorothy Jones wills her ability to argue to Nannie Lou Austin.

Lois Jackson wills her originality to Geraldine Wright.

Grace Johnson wills her ability to be faithful to "one man" to Joy Henderson.

Ruby Johnson wills her sophistication to Mary Helen Mims.

Velma Lamm wills her sweet disposition to Alice Lancaster.

Marie Leavitt wills her monotonous hair-do's to Hazel McFarland.

Esther Lupo wills her friendliness to Muriel Straughn.

Ruby Naylor wills her slow speech to Dorothy Yates and Peggy Brown.

Jean Owens wills her singing voice (for chapel only) to Dorothy Bethune.

Dorothy Oats wills her "baby ways" to Beatrice Olive.

Lydia O'Berry wills her soft voice to Jean Phillips.

Jessie Gray Penny wills her "hubba-hubba" figure to Helen Fleming.

Lilly Pitts wills her forgetfulness to Lela Cobb and Edith Futch.

Josephine Radford wills her attractive smile to Inez Elliot.

Jean Regan wills her "dry wit" to Velna Creech.

Pauline Smith wills her ability to get in a "jam" to Mary Evans.

Anna Lou Spencer wills her "nervous energy" to Nellie Beck.

Esther Thorne wills her "narrow escapes" to Dorothy Whitfield and Lucille Johns.

Jessie Belle Utley wills her "interest in no man" to Ann Smithey.

Annie Gray Viverette wills her "petiteness" to Doris Haskett.

Jessie Wall wills her happy mornings on the shift to Mary Evans.

Magdalene Warrick wills her "State College love affairs" to Alice Phelps.

Annie Hall Wilkins wills her many acquaintances to Mary Pittman and Laura Pate.

PEGGY HARRINGTON, DARINNE HENDERSON, ESTHER THORNE.

Bellevue, N. Y., June 1951.

"Hello Jean. Gee, it's wonderful seeing you again. Have you been waiting long? I'm sorry my bus was late.

"Oh Spencer! It seems like ages since I've seen vou. You're looking well. I believe vou've been

taking good care of yourself."

"Yes, it seemed like a long time in a way and then it seems only yesterday. Now that I've finished with my post-gradaute course at New Haven and you at Bellevne, it seems that we've accomplished quite a lot since our gradaution at Rex five years ago."

"Spencer, I don't have anything in particular planned but don't you think it'd be fun going

to a carnival near here? It's only a few blocks from the bus station."

"I think that's a swell idea. I haven't been to one in a long time. Since it's only a few blocks, it'll be a nice walk."

"Spencer, so you finally married Hal!"-

"Yes, two years ago and we now have a nice little home in Connecticut. Well, how about yourself? Have you ever made up your mind to marry?"

"Yes, but only recently. The date's all set. Two months from now."

"Listen, it sounds like everyone's having fun with all the brassy records and laughter and loud noises."

"Look, the Ferris Wheel, Roller Coaster and all the side shows! Gee, there's that usual monkey show, the fat lady, the headless woman and the stage show. Look at all the men gathering around."

"Wait! What's this? Oh, the good old fortune teller. Let's go in. This should be fun. You know I've heard a lot about the Crystal Ball. Let's see if she can tell us about all of our classmates. I've sorta lost contact with most of them."

"Spencer, I can hardly understand her dialect, but she implies that we can look into the Crystal

Ball. This is really going to be something to see."

"Yes, look. There's Velva Lamm and she's in 216 at good old Rex. What's that I see? Twin boys! Isn't that something? I remember her marrying Claude Wheeler about two years ago. There's Shirley Bizzell. She's Velva's private duty nurse. I always thought she'd do private duty."

"Look on the other side of the ball. It's none other than Doris Bradshaw. She's Miss Wil-

liams' assistant. Doesn't she look dignified behind that big desk?"

"What's this? Yes, it's Virginia Cohoon, now Mrs. Bill Greene entertaining the alumni association in the recreation room at Rex Nurses' Home."

"This looks familiar. It's Frances Branch, Superintendent of nurses at Johnston County Hospital." The next scene takes us back to Raleigh and it's Gladys Crawford as Dr. West's office nurse."

"Who's this? Melba Cox out on a delivery with Dr. Yarborough."

"My! Who are these two? It's Mrs. Stripling and Maric Leavitt at Southern Pines. Leavitt is Mrs. Stripling's assistant at the sanatorium."

"Imagine Ruby Johnson in conference with Dr. Thompson? She's with the Rahabilition Service.

I hear she has done some wonderful work with the disabled veterans.'

"Looks as if we're near Rex again. It's the Methodist Orphanage Infirmary with Ann Chason in charge. I guess it was her love for Pediatrics that brought her there."

"The next scene is in the operating room at Duke." There's Esther Thorne giving anesthesia.

I hear she married one of the interns there."

"Here's a Public Health Nurse visiting in a rural home and it's Theramae Boyette in good old

Johnston County."

"Spencer, I don't recognize this scene. It looks foreign, but there's a nurse. Why it's Mary Helcn Council, and she's in China. I remember now she studied as a missionary and went to China last year."

"Look! Who's this? Darrine Henderson and that's Germany isn't it? She's teaching a Hygiene Class. I hear she has done well in teaching the real way of living to those misled children. She has

also married a Red Cross Field Worker."

"Why this is an Airliner! Who is that pretty hostess? Peggy Harrington and she seems mighty sweet to that pilot. No wonder; it's her husband."

"What's that below us? It's a huge Trans-Atlantic Oceanliner with the Ship Nurse none other

than Annie Grey Viverette."

"Oh, where's this lovely moonlit scene? It looks like Bermuda to me and that couple on the beach is the one and only Capt. and Mrs. Franklin Lewis. Mrs. Lewis is the former Jean Owens.

"What a change of scenes! We're in Porto Rica now and that's Ruby Naylor working among

the natives. I've heard of her good works in improving the living conditions.'

"Jean, what's this? Oh boy! sailors, and Mabel Hammond in the midst at the Naval Hospital in Norfolk. Hammond still hasn't made up her mind about Jay or Buddy, but is still doing her part by the sailors."

"Why, here's another classmate in Norfolk! It's that lovely Grace Johnson now Mrs. W. L.

Northern, III, preparing lunch with W. L. Northern, IV, at her apron strings."

"Here, we go north again. It looks like Philadelphia General Hospital. Mrs. George Vosatka, former Frances Boing, is doing quite well as Operating Room Supervisor."

"Why, Spencer, it's Blue Grass Country! There's Helen Graham, now Mrs. Tommy Downey, and

her three boys."
"Oh, here's Erma Grey Capps! I'd never miss that pretty red hair. I've heard of her success as Occupational Therapist at Walter Reed. She seems quite happy there.'

"There's Margaret Connelly at the Vanderbilt University Hospital. She's working in Pediatrics.

She still loves her children. She also seems mighty happy as Mrs. Art Brown.

I see some beautiful mountains. That looks like a college in the background. "Sure enough there's Mrs. Ben Goforth, Jr., former Dot Jones in charge of the Appalachian State Teachers College Infirmary. Mr. Goforth is Professor of Chemistry at the college. I always thought Dot would

^{tc}Can you imagine Jessie Belle Utley as a nursing art instructor? Well, there she is at the Baptist

Hospital in Winston-Salem. Utley still hasn't made up her mind about J. T."

"What a lovely luncheon! And there's Pauline Smith now Mrs. Wilton Dickens. Doesn't she make a pretty hostess? She seems to be the leading society lady in Roanoke Rapids."

"Going on farther east I see Esther Lupo as Director of Nurses at Pittman Hospital in Fayetteville." "This scene takes us to Kinston. I see Mrs. Norwood Boney, former Virginia Casey, being a typical lawyer's wife."

"Johnston County again, I believe. Sure enough it's Jo Radford now Mrs. M. T. Anchers. She gave up nursing soon after graduation. She and M. T. now have a family of three."

"Jean, I can't quite see this view clearly, but it's near the beach. Why it's at Wilmington and there's Dot Oates doing Public Health Nursing. I read the announcement of her marriage to Ed Hammond not long ago."

"'Anchors Aweigh'—there's a Navy Nurse—Looks like Warrick. Yes, that's Maggic alright.

Looks nice in uniform, doesn't she?"

"Looks as if we're really going west. It's Texas. I see Mrs. Kenneth Bruton, former Lydia O'Berry, supervisor of a large surgical hall at Fort Sam Houston.'

"Another Army camp! There's Earle Lee Daughtery in that good looking captain's uniform

at Fitzsimmons, Denver, Colorado. Daughtery entered the service soon after graduation."

"Down south again. Beautiful orange blossoms with Elizabeth Franklin in the midst. She is now Mrs. John C. Youngblood. Franklin's doing general duty in a large hospital at Winter Garden. Florida, while Tye is finishing up at the University of Florida.'

"I see Mrs. James Latta, former Annie Hall Wilkins, who is head of the Delivery Room at James

Walker Hospital in Wilmington. Hall and James have a very cute son."

"My, who's that giving those poor preclinicals, heck? It's Jessie Wall, the new Superintendent

of Nurses at Watt's Hospital in Durham. I bet Jessic's a good one alright."

"Getting back to Rex again. There's Lillie Pitts giving Miss Greene the report on Griffin Hall. Pitts is Miss Green's assistant."

"This looks like a scout camp or something. Why there's Lois Jackson, a nurse at Camp Edger-

I hear she's engaged to the Camp Director. Bet they really make things hum."
"That must be about all. No, wait! Here's Jessie Grey Penny, now Mrs. Frank Werfel. She and Frank are living in New Jersey. Jessie's doing some private duty between caring for the family of two."

'So that's us. We're really scattered now but I'm proud of what each is doing for herself and

"Jean! Good heavens, we've been here over two hours. It was well worth while. Almost like having a class reunion."

"Spencer, if we're going to make it to dinner in time we really must hurry along."

"Gee, it was wonderful to see everyone."

Anna Lou Spencer, JEAN REGAN, Class Prophets.

Class History

Perhaps the date June 14, 1943 will not go down in history books, but what an unforgettable day it was for 20 "Rex" girls. On that day they stepped across the threshold into a small new world within itself. There were many doubts in their hearts but the determination within them made up for the rest. (Remember, September girls, how smart we thought they were when we arrived on September 13?) Even those we had known "back home" seemed to have acquired an amazing amount of dignity and learning or so it seemed to us as we watched them go over to the hospital in their blue preclinical uniforms while we remained in the classroom. It was during those first months that we made the friendships we hold so dear today and as months passed by we became more like sisters than classmates. Dating together, gab sessions, study hall (cramming for those endless exams), the happiness of Saturdays and Sundays—shall we ever forget them? Those tiny links which when welded together make such a dramatic chain representing the past three years of our lives. The highlight of our first year came at the end of the fifth month when our capping exercises were held in November and February, respectively. Remember that inexpressible feeling when the president of the student council touched the blazing light to our Nightingale lamps and Miss Williams pinned our white caps (to match our brand new and beautiful white uniforms) on our heads? With the donning of our "whites" increased responsibilities were ours because now we went on duty on the halls on the regular hospital schedule. Wasn't it good to see our names on the roster for the first time? Oh we were a long, long way from being seniors but we'd get there someday if we just tried. And so we embarked on our chosen career.

The months went by quickly and soon we were Juniors—learning to adopt our lectures and studies to our clinical practice more and more each day. For the first time our two classes (June and September groups) were united and one set of officers instated. Urology, Pediatrics, Obstetrics, Operating Room Technique, Communicable Diseases, and all the others—those preclinical days seemed like a dream compared to this! But we came through—still smiling and with our chins up and hearts high. For even with the classes and our increasing duties in the hospital we still had our social highlights. Remember the dance when we invited the Ensigns at State? And the night Dr. Robert McGee and Mr. Parker Rand helped us entertain our seniors by serving that truly Southern style barbecue at the Tar Heel Club? What a Junior-Senior that was—a nice setting, soft music, food, and the dates! We had so many things for which to thank Mr. and Mrs. Rand in our three years at Rex. I wonder if they know how much they helped us?

Then came the thrill of the Seniors' Baccalaureate Sermon at Christ Church which we attended in a body wearing our cadet uniforms. And next of course, the breathtaking, beautiful graduation exercises which gave us a funny feeling because we knew we would be the next class to receive our diplomas and march up the aisles with burning lamps, red roses, and *long sleeves*. After that night it seemed so strange to tell the old seniors goodbye and to realize we were stepping into their places. Time changes everything and somehow we weren't frightened at this thought of being seniors as we had supposed we would be. In fact, it has been an unforgettable period in spite of the woes along the way.

Fall and winter with only Psychiatry, Professional Adjustments, and E.E.N.T. to compose our class schedule (but with greater responsibility on the halls) weren't bad at all. Gosh, did we have fun at the "get together" Dr. Sidney Smith planned for the Juniors! What was so nice was that we were all urged to come and bring our dates. The informality was wonderful, as were the program and food! (Here's a note of thanks from all of us, Dr. Smith.)

Student Council was reorganized in the fall of '45, class superlatives and officers elected, work on the annual begun—and let's see, what happened? Oh, yes, in December Dot Jones and Virginia Cohoon transfered into veteran work for the last six months of training. Thus 1945 at Rex was completed.

And so my hour of reminiscence is coming to a close. In those last six months we were entertained so many wonderful times but I'll leave that to the class calendar.

All of us have been looking forward to this, our graduation, quite eagerly but it will be hard to break away from the deep roots with which we have become settled in Rex sod. With high hopes we set out in our separate ways, but as the years go by these are the remembrances each of us shall carry with us. Let us never forget the things which we have gained in our three years, and as we go let's keep in mind one of Miss Williams' favorite quotations: "A good nurse is first of all a good woman."

Margaret Connelly, Class Historian.



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If you can wake before the crack of dawn And see that those about you are wakening too If you can take your time while dressing And be on time for chapel too If you can answer "Here" when called on And answer "Day" for those who sleep If you can sing out loud and strong When all the time you'd rather weep.

If you can wait in line for breakfast Though your place is at the end If you can stand and then move forward Even though it's eggs again If you can eat without some griping About the toast and olco If you can eat in twenty minutes Then rush down for daily chores.

If you can start out clean and smiling And stay that way the whole day through If you can greet your patients brightly Even though they bother you If you can say "Yes, I'd love to" When all the time you'd rather not If you can give a prolonged backrub With all the rest you've got to do.

If you can get your pills all given And right on time as they should be If you can make your rounds with doctors And say "Yes, Sir, put the blame on me" If you can answer lights quite promptly Those you wish you couldn't see If you can give out pans and take them And sec that they are shining clean.

If you can dust and mop and scrub And still not think the world is mean If you can love your supervisor And think that she is always fair If you can answer all the questions With a quiet, knowing air If you can watch the girls in blue And know what next they're going to do.

If you can watch them go off duty
And leave you all that work to do
If you can smile each working minute
And give each person his full due
If you can pass State Board when it comes
And maybe make a Gold Seal too
You won't be a girl from Rex. Dear
You'll be an angel, tried and true.



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From Day To Day

Comes the dawn. . . . What's that you say? Huh? Six o'clock already? Why, it can't be, I just went to sleep. Well, I just simply can't get up. 'Spose you tell them that I'm sick this morning. . . . Please, hon, quit pulling me. I'll get up. . . . Oh, darn, why didn't you make me set up a uniform last night? . . . Listen, they're playing "Chuck Wagon Blues" again this morning. Ready? Cut off the radio, then, and let's go to chapel."

Conversation in chapel—"Here."

Broakfact. "I wouldn't feed this to me and the law of the law of the law of the law."

Breakfast. . . . "I wouldn't feed this to my pet hound." Pancakes again!!! This sho' isn't like sitting down to good ole ham and eggs, to say nothing of hot biscuits drooling with

butter. . . . What hours do you have today?

I don't know. You know how it is, she never makes out the hours 'til the last minute. . . . I'd like to see that picture at the Ambassador, but I don't see how I can make it. . . . Does anybody know when we're going to get our checks? If I don't get some money 'fore long I'm going to starve to death. . . . Hurry up, chicken, and maybe we'll have time for a fag.

To the lounge for a hurried cigarette, the silence broken only by "Anybody got a match?" And so to work. . . "Hello, did you have a hard night last night? How 'bout Mr.

Smith, did he ever decide to behave himself and go to bed?"

Report and assignments. "Great day in the morning! I couldn't do that many patients if I worked straight on through 'til tomorrow morning. . . . Good Morning! Time for you to wake up and take a bath. Open your mouth and let me take your temperature so we can see if you are sick this morning. Did you have a good nights sleep? I'm sorry, maybe you'll get one of those capsules tonight so you can get a little rest. . . . No, I haven't given those medicines. I'll give them right now.

"'Yes, Dr. Smith.' 'Yes, Dr. Hamilton.' 'No, Dr. Webb,' I'll have to run to the supply room for some instruments. All dressings changed. Now I'll have to give these ten o'clock medicines. Heck, no penicillen. Now Pop's going to fuss when I go down there. Might as

well face the music."

Lunch time already, and no charts up. Oh, well, I'll wait and gct them up when I get

back. Who's relieving?"

Gosh, what a line!! I'll never get to eat. . . . Well, I finally made it. All this for lamb, of all things. . . . May I sit with you? . . . When are you off today? No, I have last hours—if I can make it 'til then. . . . Thank goodness tomorrow is Wednesday and we have chicken and ice cream. What would we do without Wednesday and Sundays?"

"Guess I'd better hurry and get those charts up, I've got three patients to feed. . . . I'm

glad they're finished."

I'll fix the 2:00 medicines and give them, hoping nothing else comes up. I'll never get through in time for class.

"Why did that patient have to decide to go home at this time of day? Now I'll clean up

the unit and get ready for another patient. . . . Well that's finished.'

"Someone will just have to take my temperatures. I've gotta finish these charts before I go to class. I want to see that movie and I won't have time if I have to come back after class. Maybe Miss Williams won't mind if I'm a few minutes late.'

"Oh gee! She's lecturing about State Board again. I do hope we get about five Gold Seals

so she won't be worrying the students that come along next year."

"Let's hurry so we can get that ten after bus. . . . We made it."

"That was such a grand picture. . . . I do hope we can get a bite to eat before going back! . . . We'll have time. Let's stop at the Toddle House. . . . '

"Sign me in-I've gotta see the Wishing Well-Maybe I'm going to inherit some money."

Let's go by and see if there are any cokes. . . . Ah heck, today's Tuesday. "No luck."

"Gee, does that bed look inviting. . . . I should write some letters, set up a uniform, polish my shoes, gosh, take a shower and all those other things. Thought I'd get to bed early and it'll be 10:30 before I know it."

"I'm hungry again. Wonder if anybody's got anything to eat?" . . . "My but this is so good. Guess I'll write letters on my hours off duty tomorrow. I'll have to take a shower. That's a cinch. Maybe I'll get by.'

"Finally, now I can relax. . . . Thanks, I'm turning my light out right now. They need'nt

worry about my light getting out.'

"Well, Goodnight! Did you set the alarm?"



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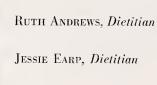


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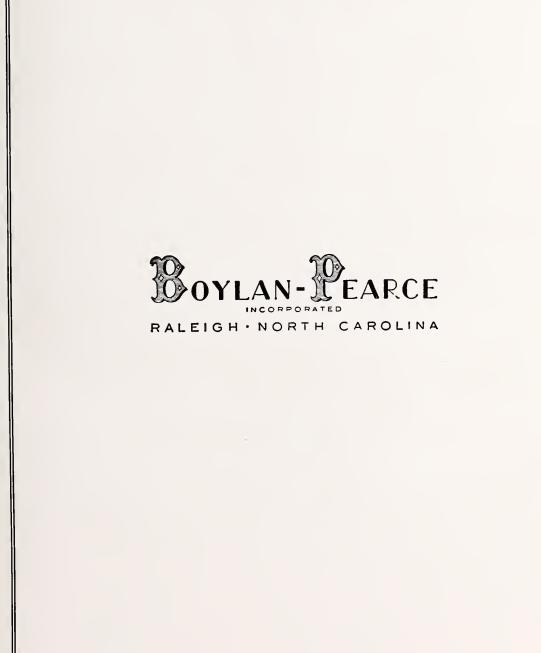
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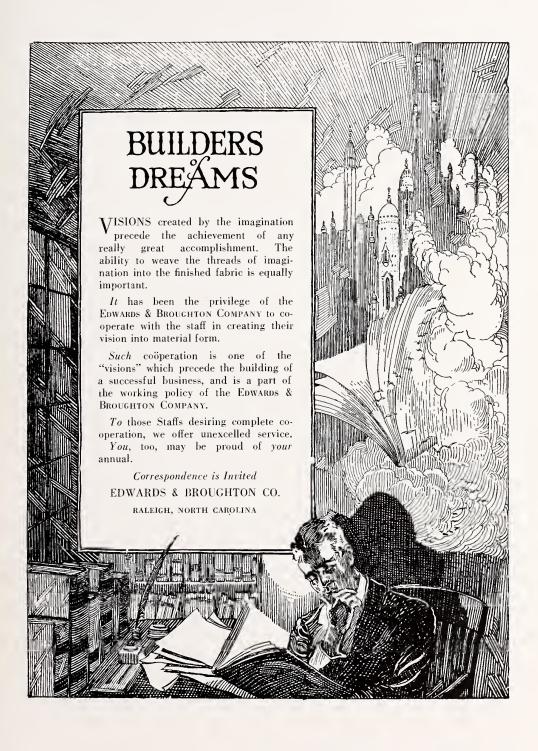
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